Staff meals in shared homes Current at 17 Nov 2021

## Staff meals in shared homes

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Arrangements for staff meals in shared homes.

## 1.0 Staff meals in shared homes

NWSS funds staff meals in shared homes.

This policy brings the arrangement up to date considering the extra 1:1 support now provided for some clients as well as more lifestyle support being based from homes.

- All 6.30am 9.30am shifts (or at other times after a full sleepover shift) Share a full breakfast with the clients you are supporting
- All 7.00am 10.00am and 7.00am 9.00am shifts (or other short morning shifts) No breakfast but drinks are fine
- All 3.00pm 10.30pm sleepover shifts, 3.00pm 8.00pm, 2.30pm 7.30pm, 3.00pm 9.00pm shifts (or other full evening shifts) Share the evening meal with the clients you are supporting
- All 7.30am 3.00pm, 9.30am 5.00pm, 8.00am 4.00pm shifts (or other full day shifts at the weekend) Share a full lunch with the clients you are supporting. It is expected that staff will have had breakfast before starting their shift, however a drink and toast with the clients you support is fine
- All 10.30pm 6.30am (or other full, active night shifts) -- Meals and drinks are fine. Self-catering may be preferred to keep noise down during the night
- All Monday to Friday lifestyle support shifts (usually 9.00am 3.00pm but may be at other times) are self-catering with drinks being fine if starting the shift at 6.30am or 7.00am, eat with the clients you are supporting if lunch is prepared in-home
- All extra 1:1 in-home shifts (usually 1 or 2 hour shifts) require self-catering. A drink with the client you are supporting
  is fine

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